

# Sully Sailing Club

## Covid 19 Return to Sailing Policy

### 1. Aims of the Policy

The aims and guiding principles of this policy are as follows:

- The safety and well-being of Sully Sailing Club members is paramount.
- The aim of this policy is to allow Sully Sailing Club members to sail while mitigating the risks associated with the COVID 19 pandemic.
- Sailing and activities in the club will happen within the constraints of the legal requirements of the Welsh Government.

### 2. Assumptions

- We have progressed through Issues 1 to 9 of this policy.
- Wales is at Alert Level 0
- People who have tested positive for Covid 19, those with Covid 19 symptoms, and those who have been in contact with someone with symptoms must stay away for the time specified by the government.

### 3. Risk Assessment

The hazard considered here is that club members would catch Covid 19 because of attending the club (other hazards are covered in the club risk assessments). There are 2 main ways in which this could happen:

- Through direct inhalation of droplets/aerosol containing Covid 19 virus exhaled by an infected person.
- Through indirect transfer of Covid-19 virus from a contaminated surface to hands and then to mouth/nose/eyes.

Due to the vaccination programme and other measures the risk or harm has been reduced and the precautions have been relaxed accordingly.

The residual controls recommended include:

- Social distancing.
- Hygiene (Particularly hand washing)

Category	Hazard	Risk	Measures	Further Actions
Indirect	Coronavirus on surfaces Inside club	Very low	Wash hands	
Indirect	Coronavirus on common surfaces outside club	Very low	Wash hands	
Indirect	Coronavirus on members boats	Extremely low	None	
Direct	Coronavirus in air – within clubhouse	Very low	Restrict access to the clubhouse and number of users of changing rooms.	
Direct	Coronavirus in air – in club compound	Extremely low	Social distancing.	
Direct	Coronavirus in air – on path and slipway	Extremely low	Social distancing.	
Direct	Coronavirus in air – launching and recovery	Extremely low	Social distancing.	
Direct	Coronavirus in air – sailing	Extremely low	Social distancing.	
Direct	Coronavirus in air – patrol boat on standby	Extremely low	Social distancing.	
Direct	Coronavirus in air – patrol boat giving assistance	Extremely low	Social distancing.	

#### 4. Specific Precautions

The following precautions should be followed:

- Masks are not required, but maintain social distance where practical.
- Access to the Clubhouse is allowed with the following precautions:  
Numbers limited to 5 in the gents changing room, 2 in the ladies (or one family), 8 upstairs and 4 on the balcony.
- Only one shower in the gents changing room to be used at any time.
- Keep the gents changing room windows open when used by more than 2 people.
- As you rig and manoeuvre your boat maintain social distance from club members and any member of the public on the coastal path, slipway and beach. Be especially courteous to members of the public.
- The patrol boats can be manned by up to 4 persons (Rib) and 2 persons (Jeanneau).
- Wash your hands regularly with soap and water.

## 5. Review

The Policies and controls in this document will be reviewed when Welsh Government guidance changes and revisions made where appropriate. Any changes will be communicated to members.

Issue 10

Reviewed and Revised 20th February 2022